



Nance' Agresta, LCSW, CASAC, NCACII is co-founder of Women's Wellness. She started her career in 1985 at the Realization Center in New York City. She worked as a group facilitator with sexual abuse, addictions, gender issues, bereavement and mood disorders. During this time Nance' also worked closely with South Oaks Hospital in Amityville, Long Island providing aftercare for men and women with eating disorders. Additionally she has been a volunteer at Identity House in New York City and God's Love We Deliver.

An alumnus of New York University, Nance' did an internship at Jacobi Hospital under the Direction of Dr. Lili Rysz. Nance' is a licensed clinical social worker, certified in Eye Movement Desensitization Reprocessing (EMDR), addictions and level II addiction supervision. She also leads workshops for couples. Nance' has been in private practice since 1985. Recently she has joined the New Jersey Task Force for Postpartum Depression, adding another venue to her already extensive counseling practice.

Nance' is a member of International Humanity Group, EMDR, NADDAC, Women United in Philanthropy, Postpartum Resources of New York, Inc., Postpartum Support International, and the National Association of Social Work.