



Dr. Quentzel received his medical degree from the University of Illinois in 1994 where he received integrated joint degrees in both Medicine and Law. He completed his residency at Beth Israel Medical Center And The Institute For Urban Family Health where he accomplished advanced training in both Psychiatry and Family/Primary care medicine.

Currently, Dr. Quentzel is the medical director for The Louis Armstrong Center for Music and Medicine at Beth Israel Medical Center. Additionally, he is an attending physician at The Continuum Center for Health and Healing. Dr. Quentzel practices Holistic Family Medicine, Integrative Psychiatry, Mind-Body Therapy and Social Health combining conventional medicine with a full range of complimentary and alternative modalities of care. He believes that all things are connected and the goals of treatment are to establish good functioning in the physical, behavioral, social and psychological realms. Dr. Quentzel brings this philosophy to Women's Wellness in order to reach optimal emotional well-being.

Dr. Quentzel has published many articles in various medical journals including Journal of Women's Health, Mental Health News and Clinical Psychiatry News. Furthermore, he has made many television appearances speaking on topics such as depression in pregnancy, fertility, postpartum depression and anxiety disorders to name a few. Dr. Quentzel is a member of the American Psychiatric Association and American Academy of Family Practice.